



COLMAN POOL

Summer 2006



Bus Information

Lincoln Park and Colman Pool are served by
Metro bus numbers 54, 116, 118 & 119.

Pre-Season & Post-Season

May 27,28,29, June 3,4,10,11 and Sept 9,10

Summer Season

Daily June 17 through September 4

Holiday Schedule

Monday, May 29, Memorial Day
July 3 & 4, Independence Day
Monday, September 4, Labor Day

Swim Meet Closures

Thursday June 29 through Saturday July 1
Friday July 14 through Sunday July 16

Swim Lesson Registration

Mail-in registration -- **Last Day April 28**
Walk-in -- **May 27,28,29 and June 3,4,10,11**
Daily Beginning June 17
see pages 6-7

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Outdoor Saltwater Pool - Located on the shores of Puget Sound
8603 Fauntleroy Way SW - Seattle, Washington 98136 - 206-684-7494
www.seattle.gov/parks/aquatics/colman.htm

General Information

Recreational Swim Fees

Infants (under 1 yr.)	FREE
Youth (1-17)	\$ 2.75
Adults (18-64)	\$ 3.75
Senior Adults (65+)	\$ 2.75
Special Populations	\$ 2.75
Recreation Card (\$22 value)	\$ 20



Water Fitness Fees

Adults (18-64)	\$ 4.75
Senior Adults (65+)	\$ 3.00
Fitness Card (\$33 value)	\$ 30

Monthly "FAST" Pass

Youth/Sr Adult/Special Pop	\$ 35
Adult	\$ 45

Other Fees

"Just a Shower"	\$ 3.75
Towel Rental	\$.50
Corkscrew Slide	\$ 1.00



Colman Staff

Steve Vela	Colman Coordinator
Marcia Nussbaum	Senior Guard
Mark Sears	Pool Operator

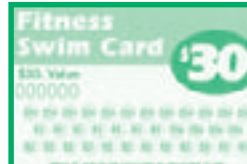


Parks and Recreation Staff

Kenneth R. Bounds	Superintendent
Christopher Williams	Operations Div Director
Kathy Whitman	Aquatics Manager
Patsy Siegismund	Sr. Coord. Aquatics
Tom Dunning	Lead Pool Operator



Save 10% with
Recreation &
Fitness cards



Admission Policy

Colman Pool is a community gathering place with grassy sunbathing areas, deck chairs, and picnic tables. Admission fees are charged to all persons entering the facility, even if they are not swimming. Use of the pool, deck and picnic area are part of the overall recreational experience. A separate admission fee is required for each program.

Monthly "FAST" Pass

An unlimited personal monthly pass which allows you to access all fitness and recreational swim programs. Good at any City Pool! It's the best value for your buck!



Number of Monthly Swims to Break Even

	Youth/Senior	Adults
Recreation	13	12
Fitness	11.5	9.5

Fees and Charges

Parks and Recreation fees and charges are necessary to provide financial support to the Seattle Parks and Recreation for the operating costs of programs, facilities and grounds. The revenue generated by these fees constitutes only a portion of funds required for operating and maintaining the Parks system. All fees collected from parks and recreation activities and concessions are used exclusively for the Parks system as these funds are deposited in the Parks and Recreation Fund, not the City General Fund.

Colman Pool History

Colman Pool was built in 1941 and donated to the City of Seattle by the Colman family. It is located on a scenic point of land overlooking the beach in Lincoln Park. Pool visitors park along Fauntleroy Way and enjoy a short walk through Lincoln Park to reach the pool. Prior to the construction of Colman pool the site had been home to an unheated tide pool built by the city in 1925 for use by the public and maintained as a part of the municipal beach program. Colman pool replaced the old Lincoln Tide Pool in 1941. This warm, saltwater pool is constructed of reinforced concrete and tile. The swimming area of the pool is 20 yards wide and 50 meters long. Depth ranges from 3 ½ feet to 12 ½ feet under the diving area. There are 8 official 7 ½ foot swimming lanes for competition. Diving equipment consists of official U.S.S. 1 meter and 3 meter adjustable boards. New in 1998 is a 50' spiral slide. Water for the 500,000 gallon pool comes from Puget Sound. It enters through a large number of circulation inlets. The water supply is captured and delivered to the tank by a 20-hp pump from the three wells located on the beach. These wells are 6 feet. in diameter and approximately 12 feet. deep. The water is maintained at a temperature of 84 to 85 degrees by automatic, gas-fired boilers. To conserve energy, state of the art thermal pool covers are used every night.

Policies & Procedures

Mission

Seattle Parks and Recreation will work with all citizens to be good stewards of our environment, and to provide safe and welcoming opportunities to play, learn, contemplate, and build community.

Anti-discrimination Policy

As a matter of policy, law, and commitment, Seattle Parks and Recreation does not discriminate on the basis of race, color, sex, marital status, sexual orientation, political ideology, age, creed, religion, ancestry, national origin or presence of any sensory, mental or physical handicap.

Accommodation for people with disabilities

We will make reasonable accommodation, upon request, for people with disabilities. For sign language interpretation, auxiliary aids or other accommodation, please call (206) 615-0140 or TDD (206) 684-4950. Please allow 10 working days' advance notice. If a class or activity is scheduled in an area not accessible for wheelchairs, we will make every effort to help you find a similar program in an accessible location. ADA parking is available at the base of the hill at the South entrance to the park. Follow the paved pedestrian pathway to the pool.

Scholarships

Seattle Parks & Recreation wants to ensure that our group swim lessons and summer swim team are available to everyone, regardless of their ability to pay. Parks Department offers reduced fees for those who may qualify under low income guidelines. To apply for low income fees, please talk to a member of our staff.

Credit Cards Accepted

If you would like to pay for a class with a credit card, please drop by the pool office or call with your information. Visa, MasterCard, & American Express.

Refund Policy

It is the policy of Seattle Parks and Recreation that any person who registers for a swim class that is cancelled for any reason by the Department will receive a full refund. In the event of an unplanned cancellation of a single session of a class, that class will be rescheduled whenever possible. If it cannot be rescheduled, the participant will receive a refund. A participant may be issued a refund if he/she drops a class, and notifies the program coordinator, prior to the second class session. The pro-rated class fee plus a service charge of \$5.00 or 10% of the fee, whichever is greater, will be retained by the facility. If a participant drops a class after the second session of a series, no refund will be given.

Fun Family Fridays

Join us at Colman Pool for special events on Friday nights, from 5:00 – 7:00PM. It's a fun time for the whole family. Come to the pool for a special evening of games, activities and special entertainment. Don't let the summer pass you by. Come to the pool today!!!!

Month	Day	Special Event
June	23	Opening Splash-Off
July	7	Nemo's Underwater Adventure
July	21	Summer Splash-Tacular
July	28	Family Fun Float
August	4	Hawaiian Beach Party
August	11	Rubber Ducky Derby
August	18	Spectacular Sports Night
August	25	Kid's Crazy Carnival
Sept	1	Season Finale

Pool Rental/Swim Parties

Have your own personal pool party and the professional supervision to go with it. Colman Pool is a 50-meter pool that includes a waterslide, diving boards, lifeguards and a breathtaking view of the Puget Sound. The pool is available for rentals beginning at 7 pm on the days listed below. Days and times vary depending on the time of summer. Prices start at \$175 per hour.

Days	Dates	Times
Saturday & Sunday	May 27-Sept 3	7:00pm-9:00pm
Friday	June 23-Sept 1	7:00pm-9:00pm
Monday-Thursday	July 31-Aug 31	7:00pm-9:00pm



Party Size	1-30	31-60	61-90	91-150	151-250
1 Hour	\$175	\$195	\$215	\$235	\$255
1 1/2 Hours	\$255	\$285	\$315	\$345	\$375
2 Hours	\$335	\$375	\$415	\$455	\$495

How to Make a Pool Reservation

Phone-in Pool Reservations









- Phone-in reservations are accepted daily beginning February 1. To make a reservation, call 206-684-7494. Please leave a message and we will return your call in the order received.
- Full payment is required at time of reservation.

Walk-in Pool Reservations

- Walk-in registration will be accepted at Colman Pool beginning at 12:30 pm on May 27,28,29, June 3,4, June 10,11 and then daily beginning June 17.

Colman Summer Pool Schedule 2006

Swim Meet Closure Dates - Thursday June 29 through Saturday July 1 and Friday July 14 through Sunday July 16

Time	Special Comments	Mon & Wed	Tues & Thurs	Friday	Sat & Sun	Pre/Post Season & Holidays
Noon-1:30PM	4 Lanes Mon-Fri 6 Lanes Sat/Sun	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
Noon-1:00PM	Masters workout-2 lanes				Masters	
15 minute break for change in pool configuration from 1:30-1:45PM						
1:45-4:45PM	Parent must be in the water with children under 6.	Public Swim	Public Swim	Public Swim	Public Swim	Public Swim
15 minute break for change in pool configuration from 4:45-5:00PM						
5:00-5:45PM	See page 5 for class info		Hydro Fit			
5:00-7:00 PM	4-6 Lanes M-Th 4 Lanes Fri/Sat/Sun	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
5:00-7:00 PM	Parent must accompany Kids during Family Swims.	Masters 6-7PM	Masters 6-7PM	Family Swim 5-7PM	Family Swim 5-7PM	Family Swim 5-7PM
Pool Rentals are available from 7:00PM-dusk. Please see page 3 for more information.						

Other Aquatic Programs

Indoor Swimming Pools

Ballard

1471 NW 67th
684-4094



Evans

7201 E Green Lake Dr N
684-4961

Madison

13401 Meridian Ave N
684-4979

Meadowbrook

10515 35th Ave NE
684-4989

Medgar Evers

500 23rd Ave
684-4766

Queen Anne

1920 1st Ave W
386-4282

Rainier Beach

8825 Rainier Ave S
386-1944

Southwest

2801 SW Thistle
684-7440

Summer Beaches

East Green Lake

7201 E Green Lake Dr

Madison

1900 43rd Ave East

Madrona

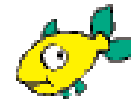
800 Lake Wash Blvd

Magnuson

NE 65th & Sandpoint Way

Matthews

9300 51st Ave Northeast



Mount Baker

2301 Lake Wash Blvd S

Pritchard

8400 55th Ave South

Seward

5900 Lake Wash Blvd S

West Green Lake

7312 W Green Lake Dr

For dates and times, please call 684-4075

Boating Centers

Green Lake Small Craft Center - 684-4074

5900 West Green Lake Way North

Mount Baker Rowing & Sailing Center 386-1913

3800 Lake Washington Boulevard South

Outdoor Swimming - Mounser Pool

Mounser Pool is a beautiful summer outdoor facility located in the heart of Magnolia. The facility has two great pools. The Big Pool has a 50-foot corkscrew slide, and the Little Pool, warmer and shallower, is great for relaxing and teaching your little tadpoles. **206-684-4708**

Operation Dates

May 13 Through September 10, 2006

Wading Pool Hotline 206-684-7796

Seattle Parks and Recreation operates 25 wading pools and two spray features. They are a wonderful way to beat the summer heat. The wading pools will not be filled on cool or rainy days. Call the hotline for daily status.

Recreational Schedule

Pre-Season and Post-Season

May 27,28, 29, June 3,4,10,11 and September 9 & 10

PUBLIC SWIM



Monday - Sunday 1:45 - 4:45PM

Public swim is a recreational swimming time for all ages to enjoy. The CORKSCREW slide is open at this time! Requires passing the swim test and a \$1 fee. Groups, such as camps or large birthday parties, need to call at least one week in advance to insure availability.

Parent/Child Policy

Children under 6 years of age or under 48" in height, must be directly supervised in the water by an adult and be within arms length distance at all times.

FAMILY SWIM

Friday - Sunday 5:00-7:00PM

A time for families to enjoy the pool. This is an excellent time for the young in years and young at heart to practice swimming skills and to spend quality time together!

A parent must accompany children into the water during family swim. The CORKSCREW slide is open at this time! Requires passing the swim test and a \$1 fee.

Diaper Policy

In the interest of public health, those who are not toilet trained must wear swimming diapers or a cloth diaper with a plastic cover that has tight fitting legs. No regular disposable diapers or loose fitting swim suits. Children's swim diapers are available for sale.

Personal Lessons

Colman pool offers personal swim instruction for those who are interested in special attention. Personal lessons allow quality instruction that can be tailored to fit individual needs. They are ideal for: The new swimmer, getting ready for summer triathlons, tuning up your snorkeling before heading to the tropics, learn some springboard diving, or just getting the whole side breathing thing. Personal lesson rates are \$25 per class for a 1/2 hour with one student and \$35 with two students. **Available days and times: Monday thru Friday, Noon, 12:30pm or 1pm and Tuesday & Thursday 5pm or 5:30pm.** Space is limited. To schedule please call 206-684-7494.



Summer Season

June 17 through September 4

LAP SWIM (4-6 Lanes)

Monday - Sunday 12:00 - 1:30PM
Monday - Thursday 5:00 - 7:00PM
Friday - Sunday 5:00 - 7:00PM

For the serious athlete or the recreational swimmer who simply wants to enjoy the salt water and fresh air. Our 50-Meter pool offers fast, medium and easy lanes.

Ask us about Morning Lap Swim in August

Masters Workout

June 19 through September 3

Monday - Thursday 6:00 - 7:00PM
Saturday/Sunday Noon - 1:00PM

Let our experienced coach lead you through an interval workout! Each practice will contain a variety of endurance and sprint drills, kicking and pulling sets, and stroke and training tips. This workout is for adult fitness swimmers of all ages and abilities. No registration is required.

Hydro Fit

Tuesday & Thursday 5:00 - 5:45PM

A deep water class using resistance equipment that not only burns calories, but also strengthens muscles while shaping and toning the entire body. This 45-minute class is great for hips, thighs, arms and abdominals.

Holiday Schedule

Memorial Day (5/29) -- 4th of July (7/3 & 4) -- Labor Day (9/4)

Swim Meet Closures

Thursday June 29 through Saturday July 1
 Friday July 14 through Sunday July 16

Group Swim Lessons

Tots (6 months – 4 years)

One parent in water for all Tot classes

This series of lessons helps introduce you and your child to the swimming pool. Emphasis is placed on your child learning to relax and become comfortable in this new environment. Parents and children spend quality time learning swimming skills.

3-Year Old Lessons

Our instructors use their “kid gloves” to introduce students to the water. Basic skills are focused on while each student is allowed to progress at their own rate.

Kinder Lessons (4-5 years)

Designed to teach the basic skill of swimming and water safety to ages 4 – 5. These classes help build your child’s confidence and provide a solid foundation for more advanced classes.

Beginning Youth

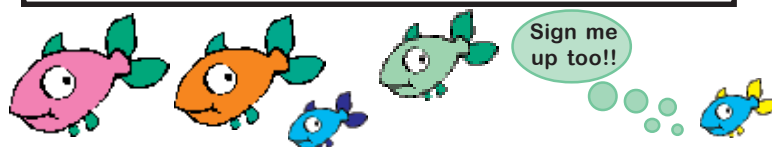
Levels 1-3 (6-17 years)

The American Red Cross lesson format provides a steady progression of swim classes for youth ages 6 & up. The classes will build skills, teach safety and encourage fitness. Children can move into Advanced Youth classes at the completion of Level 3 after becoming proficient in both crawl stroke and backstroke.

Advanced Youth

Levels 4-6 (6-17 years)

A step beyond beginning Youth Lessons! Now that the skills of youth swimming lessons have been perfected, your child will learn and perfect elementary backstroke, backstroke, sidestroke, breaststroke, butterfly, and even some advanced water safety skills.



Session	Class	Day	Time	Dates	# of Lessons	Fee	Class Number
1	Tots	T/Th	1:00 PM	June 20-July 13	6	\$30	7284
	3 yr olds	M/W/F	1:00 PM	June 19-June 28	5	\$40	7279
	Kinders	M-F	Noon	June 19-June 28	8	\$40	7274
	Youth	M-F	12:30 PM	June 19-June 28	8	\$40	7287
	Adv Youth	M-F	1:00 PM	June 19-June 28	8	\$40	7269
2	3 yr olds	M/W/F	1:00 PM	July 5-July 21	7	\$56	7280
	Kinders	M-F	Noon	July 5-July 21	12	\$60	7275
	Youth	M-F	12:30 PM	July 5-July 21	12	\$60	7288
	Adv Youth	M-F	1:00 PM	July 5-July 21	12	\$60	7270
3	Tots	T/Th	1:00 PM	July 18-Aug 10	8	\$40	7285
	3 yr olds	M/W/F	1:00 PM	July 24-Aug 4	6	\$48	7281
	Kinders	M-F	Noon	July 24-Aug 4	10	\$50	7276
	Youth	M-F	12:30 PM	July 24-Aug 4	10	\$50	7289
	Adv Youth	M-F	1:00 PM	July 24-Aug 4	10	\$50	7271
4	3 yr olds	M/W/F	1:00 PM	Aug 7-Aug 18	6	\$48	7282
	Kinders	M-F	Noon	Aug 7-Aug 18	10	\$50	7277
	Youth	M-F	12:30 PM	Aug 7-Aug 18	10	\$50	7290
	Adv Youth	M-F	1:00 PM	Aug 7-Aug 18	10	\$50	7272
5	Tots	T/Th	1:00 PM	Aug 15-Aug 31	6	\$30	7286
	3 yr olds	M/W/F	1:00 PM	Aug 21-Sept 1	6	\$48	7283
	Kinders	M-F	Noon	Aug 21-Sept 1	10	\$50	7291
	Youth	M-F	12:30 PM	Aug 21-Sept 1	10	\$50	7278
	Adv Youth	M-F	1:00 PM	Aug 21-Sept 1	10	\$50	7273

Personal Lessons

Colman pool offers personal swim instruction for those who are interested in special attention. See page 5 for more information or call 206-684-7494



Through the Pro Parks Levy, Seattle citizens voted to provide funding for **FREE** swimming lessons for all **3rd and 4th** grade students who live in Seattle. This **FREE** swim lesson program is available to each child, whether he or she is a beginner or a more advanced swimmer. For more information on the “Learn to Swim” program, please call Colman Pool @ 206-684-7494

or visit our web page at www.cityofseattle.net/parks/aquatics/learntoswim.htm

Lesson Registration

Mail-in Registration Accepted Through April 28, 2006

- NEW**

Walk-in Registration or Telephone Registration

- Check our web page for
class availability
[www.seattle.gov/parks/
aquatics/colman.htm](http://www.seattle.gov/parks/aquatics/colman.htm)**

Mail to: Colman Pool, c/o Seattle Parks and Recreation, 860 Terry Avenue N, Seattle, WA 98109-4330

Parent or Guardian		Participant Number One		Class Number	Class Fee	Class # if Full
Last Name		Last Name	First Name			
					\$	
First Name		Birthdate	Age		\$	
Address		*Ethnic Orgin	Gender		\$	
			Male or Female			
City		Participant Number Two		Class Number	Class Fee	Class # if Full
		Last Name	First Name			
					\$	
Zip		Birthdate	Age		\$	
Phone		*Ethnic Orgin	Gender		\$	
			Male or Female			

*ETHNIC ORIGIN: Information is used for statistical purposes and is not required: **A** = Asian or Pacific Islander,

B = Black/African American, **C** = White/Caucasian, **H** = Hispanic, **N** = Native American, **O** = other, **M** = Mixed Race

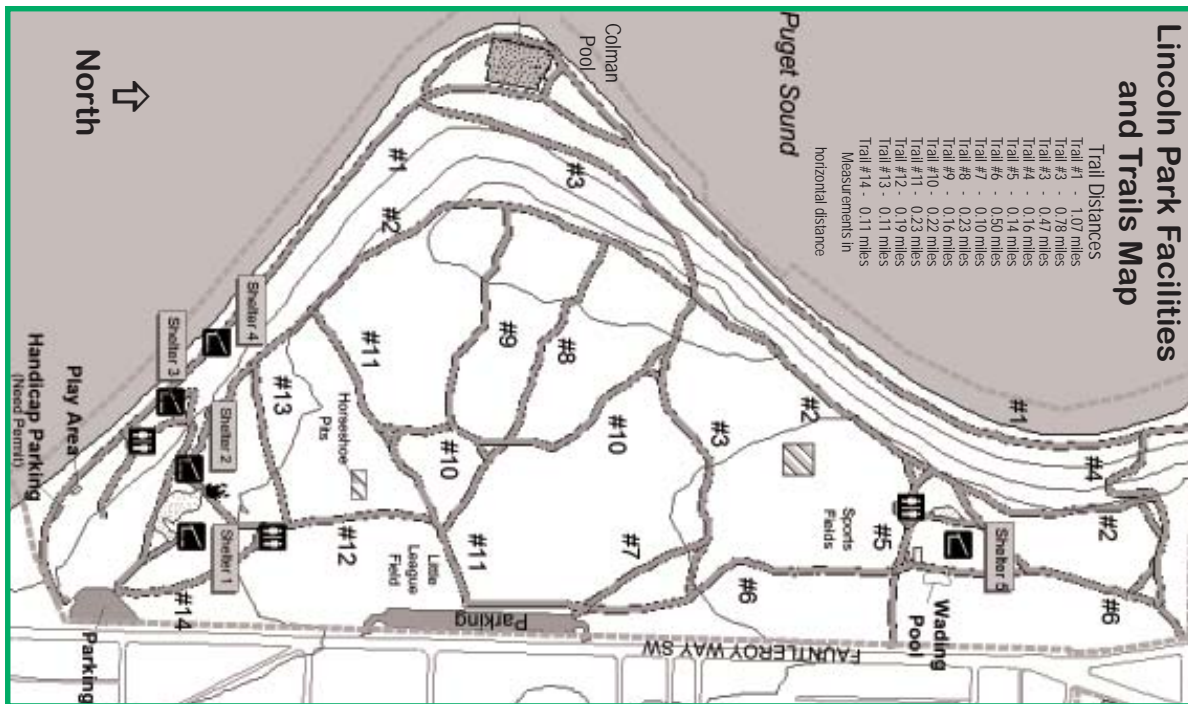
Card Number					Expiration Date		
Circle one: Visa MasterCard American Express							
Name on card: _____				Signature: _____			

RELEASE FORM: I hereby give my consent for the participant(s) listed above to participate in the aquatics program being conducted or co-sponsored by Seattle Parks and Recreation, and declare that I will not hold the City of Seattle or the Seattle Parks and Recreation or any employees or volunteers associated with the program responsible for any injuries, damage or personal loss incurred while participating in or in connection with said program. The undersigned and the above-named participant agrees to comply with the posted water safety regulations at the pool and to follow all directions or instructors and/or other personnel in charge of the program.

Signature: _____ **Date:** _____
Participant Signature (Parent or guardian must sign if participant is under 18 years of age)

Office Use Only	
C	LB

Office Use	
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860 Terry Avenue North
Seattle, Washington 98109-4330

**PRESORTED STANDARD
U.S. POSTAGE
PAID
SEATTLE, WA
PERMIT # 900**

Please look at page 7, we added a mail-in registration process for group lessons



The Pro Parks Levy is making a difference in your community

With funding approved for this eight-year levy by Seattle voters in 2000, we're building new parks, enhancing maintenance, and expanding programs throughout the city. Our recreation facilities are providing innovative teen programs that enhance self-esteem and build life skills, more environmental education to increase awareness about the wonders that surround us, swimming lessons for all 3rd and 4th graders to make sure every Seattle child knows how to swim, a wider range of activities for seniors, and more. We're cleaning and removing litter from our facilities and parks more often; expanding park maintenance in the summer months, when use is high; and working hard to maintain our valuable landscapes, trees, and other natural assets. Whether you prefer sports or quiet contemplation, there are more active play areas and passive park lands available for you. New things are happening every day, so keep an eye out for Pro Parks Levy signs in your neighborhood!